

All About Baby Allergies

Infants and babies may suffer from a variety of allergies – even if they are only a few months old. And while skin rashes are most common, some infants and babies suffer from chronic runny or dry noses and may have trouble breathing (which may signify the onset of asthma), or may experience skin reddening after eating foods they are allergic to.

And since there is no way for parents to know their child has an allergy until they have an allergic reaction, preventing future attacks is a parent's only option.

Baby Allergy Causes

Baby allergies may last a few months or may last into adulthood, depending on the allergy and the severity of it. If you suspect your baby has had an allergic reaction to food or an airborne allergen such as pet dander or pollen, let your baby's physician know so the proper medication or environmental changes can be made to prevent future attacks.

Since your baby can't talk to you, you must rely on your powers of observation to determine the causes of an allergic reaction. In many cases, a skin rash signifies an allergic reaction to food or something in the air. Redness may also mean a reaction to food or airborne contaminants. A chronic illness such as asthma is typically caused by poor air quality.

Airborne Allergies

If your baby suffers from an airborne allergy, there are ways to reduce allergic reactions. Air purification for children may prevent or at least reduce future allergy attacks. Air purification systems from companies such as Airgle are made of top-of-the-line materials. Each filtration system in the Pure Pal series filters the air for allergens, harmful chemicals such as VOCs, and traps harmful bacteria and viruses floating around in the air.

Reduce allergy attacks by investing in a quality filtration system that can be used in any room in your home. Air filtration systems also reduce odor caused by bacteria in the air. With this many benefits, everyone should have one of these systems in their home.

Allergic Reactions – What to Do

If your baby suddenly shows signs of an allergic reaction (blotchy skin, redness, bumps, runny or dry nose, constant wheezing or gasping for air), you should contact your baby's physician. If your baby is having trouble breathing, immediately go to the emergency room.

In many cases, your baby may cry more often because of the discomfort the rash is causing. Skin rashes may become itchy, dry or painful when touched. Skin rashes may be caused by contact with products that contain harmful chemicals, food or contact with airborne chemicals or other pollutants. Try to determine the cause of the reaction prior to visiting the physician – this will help your physician figure the right medication or treatment option for your baby.

Clean Air for Life

Air purification for children is important during each stage of your child's life. If your child suffers from asthma as a baby, chances are they will continue to suffer the occasional attack into adulthood. An [air purifier](#) helps reduce the chances of attacks and makes living in your home a little more pleasant.