

Aspergillus Fungus

One of the oldest studied fungi in our common history is the aspergillus fungus, having been specifically studied and indexed back in the 1720's by Pier Antonio Micheli, a renowned biologist and priest from Italy. Although not really seen as a viable threat, aspergillus fungus is common to everyday supplies of oxygen. Depending on one's actual immune system, these fungi can be a harmful catalyst in allowing other more powerful diseases to come into play; however, aspergillus fungus also has positive traits involved with its existence, being a starch reducer amongst many other things relevant to the breakdown of other microbials.

One of the scarier parts of the aspergillus fungus is the possibility to contract aspergillosis, a culmination of many viral infections that go to work on your immune system, breaking down your body's natural antibodies. Asthma patients have been known to be extremely sensitive to the aspergillus fungus and could develop serious aspergillosis if not treated with either steroids or antifungal medications. Since this type of fungus is rarely detected in normal air, you really need to take precautions on the environment you live in to assure you are not breathing harmful amounts of aspergillus fungus into your body. Aside from normal oxygen cells, aspergillus is known to also reside on the carcasses of dead animals and trees, making other animals sick who decide to feast on the rotted flesh; from there, it has the possibility of being passed into the beef or poultry you purchase undetected.

Most of the side effects and actual known sicknesses that occur when humans are exposed to this depend on the level of immunity that your body has built up against foreign fungi and other macrobiotic spores; most people will repel aspergillus fungus and simply contract a small cold or sniffle; others that have frequent bouts with sickness will see more violent coughing, heavy chest and possibly pneumonia-like symptoms. Avoiding the aspergillus fungus is really hard whether outside or in your house since natural oxygen cells tend to carry the fungus freely around the world. Mere knowledge of what aspergillus fungus can do and where found is a great start but is not solely what will help to alleviate its presence.

One of the more obvious methods to deter this invisible aspergillus fungus within the confines of home is to install some form of [air purifier](#) which can help to clean air before it hits your vents and disperses throughout the house; having this type of pollutant removal device will allow all residents breathe easier and rid their own bodies of the aspergillus fungus. While having an air purifier can assist in the healing of aspergillosis as well, keeping a watchful eye on meat or poultry recalls and buying only sealed packages of meats will also prevent the aspergillus fungus from spreading in your household as well. Taking these two vital steps in keeping your food and air purified will prove to be massive when it comes to sending the aspergillus fungus back to where it belongs.