

# **Health Hazards You Are Exposed to in an Auto Body Shop**

Not all work environments are ideally suited for our health. Some jobs simply involve working with toxic chemicals, noxious fumes and other substances that can potentially be hazardous to our health should we ingest, inhale or otherwise absorb them in our systems. We are always looking for new and improved ways to protect our health while we are at work and most hazardous jobs already have plenty of standard health procedures in place in order to protect the wellbeing of the workers. However, there is another way through which we can eliminate a great deal of the harmful particles that can be floating through the air at any given time and that is with the simple use of a workplace air purifier.

## **Working in an Auto Body Shop**

Of course, not all workplaces are equally hazardous. Depending on the kinds of materials that they work with, people are more likely to be at risk for health problems in some areas than others. An auto body shop is a typical example where the workers expose themselves on a daily basis to many substances with harmful potential. First of all, there is the problem of all the various chemicals that people work with. Paints and paint thinners contain noxious fumes which can spread through the air and possibly cause harm to people inhaling them. Precautions need to be taken in order to ensure that those chemicals are contained so that they do not end up affecting the health of the workers or even of the people that live or work in the surrounding area.

Additionally, there is also concern over some of the activities which are regularly performed in an auto body shop. Welding, sanding, cutting, priming can all release small but harmful particulates in the air which can then be inhaled by people not wearing proper protection. If a person is exposed long enough to such conditions, he can start developing health problems.

## **Improving the Conditions with an Air Purifier**

There are several measures that can be taken in order to ensure a healthier working environment. One very simple answer to this problem is the use of a top-of-the-line HEPA filter air purifier. With its help, the air quality in the auto body shop can increase dramatically. By trapping the harmful pollutants, irritants and other harmful particulates an air purifier leaves nothing but fresh air to breathe.

If you happen to own an auto body shop, then buying and installing a workplace air purifier makes sense simply from a business perspective. Your workers will not only be more efficient, but they will be much healthier as well, thus leading to an increase in productivity.